Mental Health Resource Associates, P.C.
31275 Northwestern Highway, Suite 120
Farmington Hills, MI 48334
248-932-7799

CONSENT FOR CONJOINT THERAPY

I __________________________ voluntarily agree to authorize __________________________ to share information of our individual sessions with __________________________. I am aware that this information can have an effect on the outcome of conjoint sessions and mental health services, that my mental health provider chooses to have a no secret policy in conducting conjoint counseling, and that my mental health provider will use their judgment in deciding what information is shared. Additionally, I am aware and accept that I may have a different therapeutic goal than __________________________.

My mental health provider is treating myself, __________________________, and __________________________ as a couple. This couple is the "client" our mental health provider is entering into treatment with. If my therapeutic goal changes and __________________________ has a different goal, I consent to __________________________ continuing individual treatment as a client. If I choose to continue individual treatment with my mental health provider I understand that my goal may conflict with __________________________'s goal.

I am aware that I can refuse to sign this authorization. My refusal will not affect my ability to obtain treatment. If I refuse to sign this authorization and have previously authorized my mental health provider of services to disclose information about me to a third party, my provider has the right to decide not to treat me or accept me as a client of the practice.

Authorization and Signature:

I accept this request: ________________________________ Date: _____________

I do not accept this request: __________________________ Date: _____________

Patient Rights and HIPAA Authorizations

The following specifies your rights about this authorization under the Health Insurance Portability and Accountability Act of 1996, as amended from time to time ("HIPAA").

1. Tell your mental health professional if you don't understand this authorization, and they will explain it to you.
2. You have the right to revoke or cancel this authorization at any time, except: (a) to the extent information has already been shared based on this authorization; or (b) this authorization was obtained as a condition of obtaining insurance coverage. To revoke or cancel this authorization, you must submit your request in writing to your mental health professional and your insurance company, if applicable.
3. You may refuse to sign this authorization. Your refusal to sign will not affect your ability to obtain treatment, make payment, or affect your eligibility for benefits. If you refuse to sign this authorization, and you are in a research-related treatment program, or have authorized your provider to disclose information about you to a third party, your provider has the right to decide not to treat you or accept you as a client in their practice.
4. Once the information about you leaves this office according to the terms of this authorization, this office has no control over how it will be used by the recipient. You need to be aware that at that point your information may no longer be protected by HIPAA.
5. If this office initiated this authorization, you must receive a copy of the signed authorization.
6. ***Special instructions for completing this authorization for the use and disclosure of Psychotherapy Notes***. HIPAA provides special protections to certain medical records known as "Psychotherapy Notes." All Psychotherapy Notes recorded on any medium (i.e. paper, electronic) by a mental health professional (such as a social worker, counselor, psychologist or psychiatrist) must be kept by the author and filed separate from the rest of the client's medical records to maintain a higher standard of protection. "Psychotherapy Notes" are defined under HIPAA as notes recorded by a healthcare provider who is a mental health professional documenting or analyzing the contents of conversation during a private counseling session or a group, joint, or family counseling session and that are separate from

the rest of the individual's medical records. Excluded from the "Psychotherapy Notes" definition are the following: (a) medication prescription and monitoring, (b) counseling session start and stop times, (c) the modalities and frequencies of treatment furnished, (d) the results of clinical tests, and (e) any summary of: diagnosis, functional status, the treatment plan, symptoms, prognosis, and progress to date.

In order for a medical provider to release "Psychotherapy Notes" to a third party, the client who is the subject of the Psychotherapy Notes must sign this authorization to specifically allow for the release of Psychotherapy Notes. <u>Such authorization must be separate from an authorization to release other medical records.</u>

Authorization and Signature:

I authorize the release of my confidential protected health information, as described in my directions above. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to be made to conform to my directions. The information that is used and/or disclosed pursuant to this authorization may be re-disclosed by the recipient unless the recipient is covered by state laws that limit the use and/or disclosure of my confidential protected health information.

____

Signature Date

If signed by a personal representative:

(a) Print your name: ____

(b) Indicate your relationship to the client and/or reason and legal authority for signing:

Patient is: Minor Incompetent Disabled Deceased

Legal authority: Parent Legal Guardian Representative of Deceased